

## What can you do?

Get informed and visit our website at  
[www.zwangsheirat-nrw.de](http://www.zwangsheirat-nrw.de)

## Don't hesitate to contact us!

### Personal advisory service

Monday to Friday (by appointment only)

### Telephone advisory service: 0521.521 6879

Monday: 9.30 am to 4.30 pm

Wednesday and Friday: 9.30 am to 1.30 pm

Thursday: 12.30 am to 5 pm

### Online advisory service via email and chat

[www.zwangsheirat-nrw.de](http://www.zwangsheirat-nrw.de)

*You just need a nickname and a password  
and you'll be able to get started right away.*

Online  
advisory  
service

## Follow us:



[www.zwangsheirat-nrw.de](http://www.zwangsheirat-nrw.de)

# MÄDCHENHAUS

Bielefeld e.V.

## Contact

### Advisory service against forced marriage

Renteistr.14 | 33605 Bielefeld

**0521.521 6879**



We can advise you in our wheel chair accessible rooms.

### Refuge for girls\* in distress and trouble

**0521.2 10 10 (day and night)**

Promoted by

Ministerium für Heimat, Kommunales,  
Bau und Gleichstellung  
des Landes Nordrhein-Westfalen



[www.maedchenhaus-bielefeld.de](http://www.maedchenhaus-bielefeld.de)

englisch

# gegen Zwangsheirat

Fachberatungsstelle

Advisory service against forced marriage



[www.zwangsheirat-nrw.de](http://www.zwangsheirat-nrw.de)

## We support you!

- You've a boyfriend but your parents don't accept your relationship?
- You've different future plans than your parents have for you?
- You're afraid of getting married against your will?
- You've already been forced into marriage?
- You're under the control of your family?

**We take you and your problems seriously. No matter what topic you want to bring up.**

**Getting help is brave and strong. Together we will find a solution.**

The advice is free and you don't need a health insurance card.

**لا للزواج بالإكراه! Zorla evliliğe hayır!**

## We support you

- We support and advise girls\* and women\* from 12 years on
- Also boys\* and men\* can contact us.
- You don't have to tell us your name.
- We are an intercultural team of women and can advise you in German, English, Turkish and Kurdish.
- We use interpreting services for other languages.
- If necessary, we will also find a secret and protected accommodation for you, where you are protected from threats and violence.

\* By girls and women and boys and men we mean people who define themselves as female/male, or who are viewed by society as female/male.

**No Forced Marriage! Ji zewaca bi zorê re na!**

## What is a forced marriage?

- If your family decides who you should marry, but you're against it
- If you agreed to a marriage because you were forced and had no choice

This applies to religious, traditional and legal marriages, even if they are concluded abroad.

Forced marriages and marriages of persons under the age of 18 are prohibited by law in Germany.

**Love and marriage cannot be forced. There is no religion in the world that allows forced marriages. Everyone has the right to self-determination.**

**Përgjigje me "jo" martesës së detyruar!**